Year 7 Science – 90 hours approx to include reviews, 12 hours of skills and 3 tests

Biology: 30 hours

Topic	KS3 Programme of Study statements	Skills opportunity	
		Investigation title	
		Smaths Literacy Applied PT	
The Human	Cells and organisation		
Body 10	* cells as the fundamental unit of living organisms, including how to observe, interpret and record cell structure using a light microscope	Diffusion in agar cubes (surface area)	
	♣ the functions of the cell wall, cell membrane, cytoplasm, nucleus, vacuole, mitochondria and chloroplasts	Joints and Force investigation	
	the similarities and differences between plant and animal cells		
	the role of diffusion in the movement of materials in and between cells	Scale of cells	
	the structural adaptations of some unicellular organisms	Microscope license	
	* the hierarchical organisation of multicellular organisms: from cells to tissues to organs to systems to organisms. The skeletal and muscular systems	Specialised cells Large Key words (cells and	
	* the structure and functions of the human skeleton, to include support, protection, movement and making blood cells	specialised cells) Animal vs Plant Cell Venn	
	biomechanics – the interaction between skeleton and muscles, including the measurement of force exerted by different muscles	Plant/animal cell card sort Simple plant/animal label	
	* the function of muscles and examples of antagonistic muscles.	activity Specialised cells card sort	
		Diffusion direction activity Levels of organisation card sort	
Ecosystems	Photosynthesis	% Energy transfers through a	
10	 the reactants in, and products of, photosynthesis, and a word summary for photosynthesis the dependence of almost all life on Earth on the ability of photosynthetic organisms, such as plants 	food chain	
	and algae, to use sunlight in photosynthesis to build organic molecules that are an essential energy store and to maintain levels of oxygen and carbon dioxide in the atmosphere	Importance of plants for food security	
	 the adaptations of leaves for photosynthesis the role of leaf stomata in gas exchange in plants. 	Conservation	

	A plants making carbohydrates in their leaves by photosynthesis and gaining mineral nutrients and	Ecosystems Key Words + card
	water from the soil via their roots.	sort
	Relationships in an ecosystem	Bioaccumulation card sort
	♣ the interdependence of organisms in an ecosystem, including food webs and insect pollinated crops	Creating food webs pics+ words
	♣ the importance of plant reproduction through insect pollination in human food security	Large Photosynthesis equation
	♣ how organisms affect, and are affected by, their environment, including the accumulation of toxic materials	pic +words
Reproduction	Reproduction	Germination investigation
10	A reproduction in humans (as an example of a mammal), including the structure and function of the male and female reproductive systems, menstrual cycle (without details of hormones), gametes, fertilisation, gestation and birth, to include the effect of maternal lifestyle on the foetus through the	Seed dispersal investigation
	placenta	Scale of cells and gametes
	♣ reproduction in plants, including flower structure, wind and insect pollination, fertilisation, seed and	
	fruit formation and dispersal, including quantitative investigation of some dispersal mechanisms.	Large Key words
		Reproduction card sort
		Label male and female reproductive system
		Fertilisation/implantation storyboard
		Life cycle of a plant jigsaw

Chemistry: 30 hours

Topic	KS3 Programme of Study statements	Skills opportunity
		Investigation
		Smaths Literacy Applied
Planet Earth	Earth and atmosphere	
9	♣ the composition of the Earth	% of gases in atmosphere
	♣ the structure of the Earth	% of product by mass
	the rock cycle and the formation of igneous, sedimentary and metamorphic rocks	
	♣ Earth as a source of limited resources and the efficacy of recycling	Climate impacts

	♣ the carbon cycle	Recycling purposes
	♣ the composition of the atmosphere	
	♣ the production of carbon dioxide by human activity and the impact on climate.	Large Keywords Earth's Layers card sort Rock Type card sort Planet Earth key words card sort
Particles	The particulate nature of matter	Melting temperature of ice invn
9	* the properties of the different states of matter (solid, liquid and gas) in terms of the particle model, including gas pressure	Scale of atoms
	 changes of state in terms of the particle model. Atoms, elements and compounds a simple (Dalton) atomic model 	Conservation of mass
	♣ differences between atoms, elements and compounds	Useful materials and sources
	♣ chemical symbols and formulae for elements and compounds	
	♣ conservation of mass.	Large Key words
	♣ chemical reactions as the rearrangement of atoms	Label an atom Identify elements in compounds
		S, L, G card sort/properties
Chemical Reactions	Chemical reactions chemical reactions as the rearrangement of atoms representing chemical reactions using formulae and using equations displacement reactions	Neutralisation investigation % of product by mass Balancing equations
	 defining acids and alkalis in terms of neutralisation reactions the pH scale for measuring acidity/alkalinity; and indicators reactions of acids with metals to produce a salt plus hydrogen 	Purpose of acids and alkalis
	* reactions of acids with alkalis to produce a salt plus water	Large Keywords
	* what catalysts do.	pH scale work sheet simple acid/alkali/neutral match up Chemical Reactions keyword card sort

Physics: 30 hours

Topic	KS3 Programme of Study statements	Skills opportunity
		Investigation
		Smaths Literacy Applied
Force and	Describing motion	Stretching a spring (version of)
motion 11	speed and the quantitative relationship between average speed, distance and time (speed = distance ÷ time)	Static investigation
	♣ the representation of a journey on a distance-time graph	
	relative motion: trains and cars passing one another. Forces	Speed calculation
	♣ forces as pushes or pulls, arising from the interaction between two objects	Large Keywords
	 using force arrows in diagrams, adding forces in one dimension, balanced and unbalanced forces moment as the turning effect of a force 	Balance vs Unbalanced Contact vs non-contact
	 forces: associated with deforming objects; stretching and squashing – springs; with rubbing and friction between surfaces, with pushing things out of the way; resistance to motion of air and water forces measured in newtons, measurements of stretch or compression as force is changed force-extension linear relation; Hooke's Law as a special case 	Friction vs Drag Distance Time graph sort activity Forces keyword card sort
	Anon-contact forces: gravity forces acting at a distance on Earth and in space, forces between magnets	Calculation of speed by gradient on dt graph
		Graph skills – Hooke's Law
		Resultant Forces (simple)
		Applications of forces
Waves	Observed waves	Reflected rays – changing angle
10	* waves on water as undulations which travel through water with transverse motion; these waves can be reflected, and add or cancel – superposition.	of incidence
	Sound waves	Hearing ranges – frequencies
	A frequencies of sound waves, measured in hertz (Hz); echoes, reflection and absorption of sound	Calculating speed of sound Calculating speed of light

	♣ sound needs a medium to travel, the speed of sound in air, in water, in solids	Measuring angles of incidence
	sound produced by vibrations of objects, in loud speakers, detected by their effects on microphone	and reflection
	diaphragm and the ear drum; sound waves are longitudinal	
	♣ auditory range of humans and animals. Energy and waves	Hearing and uses of ultrasound
	♣ pressure waves transferring energy; use for cleaning and physiotherapy by ultra-sound; waves	
	transferring information for conversion to electrical signals by microphone. Light waves	Comparison of eye to camera
	♣ the similarities and differences between light waves and waves in matter	Large Keywords
	♣ light waves travelling through a vacuum; speed of light	Pitch and amplitude card sort
	the transmission of light through materials: absorption, diffuse scattering and specular reflection at a surface	Light card sort Refraction/reflection label
	♣ use of ray model to explain imaging in mirrors, the pinhole camera, the refraction of light and action	Hearing Ranges
	of convex lens in focusing (qualitative); the human eye	Sound Question card sort
	♣ light transferring energy from source to absorber leading to chemical and electrical effects; photo-	Sound/Light Keyword card sort
	sensitive material in the retina and in cameras	
	♣ colours and the different frequencies of light, white light and prisms (qualitative only); differential	
	colour effects in absorption and diffuse reflection.	
Earth and	Space physics	Electromagnets – current/coils
Space	♣ gravity force, weight = mass x gravitational field strength (g), on Earth g=10 N/kg, different on other	Calculating weight
9	planets and stars; gravity forces between Earth and Moon, and between Earth and Sun (qualitative only)	Graph plotting planetary temps
	♣ our Sun as a star, other stars in our galaxy, other galaxies	Uses of electromagnets
	♣ the seasons and the Earth's tilt, day length at different times of year, in different hemispheres	Why do we study space?
	♣ the light year as a unit of astronomical distance.	
		Stars and galaxies
		Earth and Space Keyword card sort